



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATION
2018/2019 ACADEMIC YEAR
THIRD YEAR SECOND SEMESTER**

**SCHOOL OF EDUCATION
DEGREE OF BACHELOR OF EDUCATION
SPECIAL NEEDS**

**COURSE CODE: SNE 3218
COURSE TITLE: ADAPTED PHYSICAL
EDUCATION FOR LEARNERS WITH
DISABILITIES**

DATE: 29/04/2019

TIME: 2:30

PM - 4:30 PM

INSTRUCTIONS:

Answer **ALL** questions in **section A** and **ANY** other **THREE** questions in section **B**

SECTION A: COMPULSORY

QUESTION ONE

a) Define the following terms:

i) Corrective Therapy

(2 marks)

ii) Remedial approach

(2marks)

b) Explain the meaning of the term Adapted Physical Education

(3 marks)

c) Identify **three** guidelines for physical fitness in learners with disabilities

(3

marks)

d) Outline **three** benefits of Physical Education to learners with disabilities

(3

marks)

e) Explain four principles of exercise for learners with disabilities

(4 marks)

f) Highlight **four** body movement skills that should be emphasized when training a dance to Learners with disabilities

(4 marks)

g) Identify **four** activities a teacher would use to enhance locomotor skills in learners with disabilities

(4 marks)

SECTION B: ANSWER ANY THREE QUESTIONS

QUESTION TWO

Discuss **five** basic movement skills that a teacher should emphasize when teaching body movement to learners with disabilities.

(15 marks)

QUESTION THREE

Explain **five** learning adaptations a teacher should make when teaching volleyball to learners with disabilities.

(15 marks)

QUESTION FOUR

Analyze **five** safety measures a teacher should consider when conducting an adapted Physical Education Lesson

(15 marks)

QUESTION FIVE

Discuss **five** considerations a teacher should make when improvising Adapted Physical Education equipment for learners with disabilities.

(15 marks)

QUESTION SIX

Explain **five** main components of an effective Physical Education lesson for learners with disabilities.

(15 marks)

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