



MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS

2023/2024 ACADEMIC YEAR

SECOND YEAR SECOND SEMESTER

**BACHELOR OF EDUCATION WITH GUIDANCE
AND COUNSELING**

COURSE CODE: EGC 2209-1

**COURSE TITLE: GROUP PROCESSES AND GROUP DYNAMICS IN
COUNSELLING**

DATE: 19/4/2024

TIME: 11:00 – 13:00 PM

INSTRUCTIONS TO CANDIDATES

Question **ONE** is compulsory. Answer any other **TWO** questions

QUESTION ONE

- a) Explain **THREE** advantages of a group Counseling (6 Marks)
- b) Describe **THREE** aims of group Counseling (6 Marks)
- c) Differentiate between task and therapy group (6 Marks)
- d) Examine **TWO** benefits of self help group to an individual (4 Marks)

Give the meaning of the following concepts in a group undertaking (4 Marks)

- i. Co leadership
- ii. Group work
- iii. Cutting off
- iv. Group dynamics (4 Marks)

QUESTION TWO

- a) Describe **THREE** essential components of a group leader (6 Marks)
- b) Critically assess **TWO** principles of co-leadership (4 Marks)
- c) Highlight **THREE** characteristics of transitional stage in a group process (3 Marks)

QUESTION THREE

- a) Describe **THREE** advantages of round group counseling (6 Marks)
- b) Explain **THREE** curative factors in a functional group therapy (6 Marks)
- c) Give **THREE** advantages of psychoanalytic group therapy (3 Marks)

QUESTION FOUR

- a. Examine **THREE** techniques to be applied in Psychoanalytic Therapy (6 Marks)
- b. Critically assess two factors to be considered in group formation (6 Marks)
- c. Explain **THREE** issues to be solved in Behavioral group therapy (3 Marks)

QUESTION FIVE

- a) Examine **THREE** techniques to be applied in behavior group therapy (6 Marks)
- b) Discuss **THREE** therapeutic techniques in person centered group process (6 Marks)
- c) Give **THREE** ethical considerations observed in group counseling (3 Marks)

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