



MASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATION

2023/2024 ACADEMIC YEAR

YEAR THREE SEMESTER TWO

**SCHOOL OF ARTS SOCIAL SCIENCES HUMANITIES AND
CREATIVE INDUSTRY**

BACHELOR OF ARTS

DEPARTMENT: SOCIAL STUDIES

COURSE CODE: SWK3237-1

**COURSE TITLE: GROUP PROCEDURES AND GROUP
DYNAMICS IN COUNSELING**

DATE:31/5/24

TIME: 1100-1300HRS

INSTRUCTIONS TO CANDIDATES

- *Answer question ONE (compulsory) and any other TWO questions.*
- *Question one carries 20marks*
- *All other questions carry 15marks*

QUESTION ONE

Discuss Freud Sigmund psychoanalytic theory in relation to group therapy
(20mks)

QUESTION TWO

Describe the core attributes of an effective team and the strategies you would implement to develop team dynamics that will benefit an organization.
(15mks)

QUESTION THREE

- a) Outline the Five characteristics of an effective group (5mks)
- b) Jane and Mary are friends, Explain how they can support each other in practicing open and honest communication in group therapy (10mks)

QUESTION FOUR

Examine the professional preparation standards for group leaders in Kenya
(15mks)

QUESTION FIVE

A bus swept away family members in KITUI . discuss the Five types of group therapy that could help the family members
(15mks)

//END