



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2022/2023 ACADEMIC YEAR
THIRD YEAR FIRST SEMESTER**

**SCHOOL OF EDUCATION
BACHELOR OF EDUCATION
(SCHOOL BASED)**

**COURSE CODE: PSY 310
COURSE TITLE: HUMAN GROWTH AND
DEVELOPMENT**

DATE: 4/5/2023

TIME:8.30-10.30AM

INSTRUCTIONS TO CANDIDATES

Answer question ONE (compulsory) and any other TWO questions.

QUESTION ONE

- a) Differentiate between concepts growth and development **(6 MKS)**
- b) Explain four principles of human development. **(8 MKS)**
- c) Describe four factors that influence human behaviour **(8Mks)**
- d) "Biology influences human growth. Explain **(6Mks)**

QUESTION TWO

- 1 a) Explain how defense mechanism help people in overcoming their anxiety **(8Mks)**
- b) Explain three defense mechanisms people use to protect themselves from their tensions **(6marks)**
- c) Describe three use of use of measurements results in human growth and development **(6Marks)**

QUESTION THREE

Describe the following theoretical approaches in relation to human growth and development

- a) Structure of personality according to Freud **(5Mks)**
- b) Humanistic theory of personality **(5Mks)**
- c) Psychodynamic theory of personality **(5Mks)**
- d) State five ethical considerations in developmental research **(5Mks)**

QUESTION FOUR

- (a) Give the differences between Cephalocaudal and Proximodistal trend of human development. **(5marks)**
- b) State six importance of studying Human growth and Development? **(6marks)**
- c) Describe three research methods and designs in Human Development **(9marks)**

QUESTION FIVE

- a) Explain four roles and functions of theories in human growth and development **(8mks)**
- b) Explain three advantages of observation as a research collection method **(6Mks)**
- c) Describe three factors influencing perceptual development **(6Mk)**

//END//