



Maasai Mara University

REGULAR UNIVERSITY EXAMINATION 2023/2024

FOURTH YEAR FIRST SEMESTER

SCHOOL OF EDUCATION

DEGREE OF BACHELOR OF EDUCATION SPECIAL NEEDS

COURSE CODE : SNE 4113E-1

**COURSE TITLE : ADAPTED PHYSICAL EDUCATION FOR LEARNERS
WITH PHYSICAL DISABILITIES**

Date: 11/12/2023

Time: 14:30 – 16:30 PM

INSTRUCTIONS

Answer **ALL** questions in **Section A** and **ANY TWO** in section **B**

SECTION A- 20 MARKS

a) Define the following terms:

i. Adapted Physical Education **(2 marks)**

ii. Remedial Physical Education **(2 marks)**

b) Examine **THREE** principles that should guide the adaptation of physical education lesson for the learners with physical disabilities **(6 marks)**

c) Trace the historical development of adapted PE for learners with disabilities in Kenya **(5 marks)**

d) Explain **TWO** important instructional techniques in adapted PE for learners with physical disabilities **(2 marks)**

e) Analyze **THREE** rules you can exempt players with mobility aids in football **(3 marks)**

SECTION B: 30 MARKS

QUESTION TWO

Describe the importance of adapted PE and recreational activities to learners with physical disabilities **(15marks)**

QUESTION THREE

With relevant examples, discuss the functions of adapted PE to learners with physical disabilities **(15marks)**

QUESTION FOUR

Discuss the relevance of the course, adapted physical education for learners with physical disabilities to students taking special education **(15marks)**

QUESTION FIVE

Critically analyze **FIVE** areas of environment in PE that can be adapted to meet the needs for learners with physical disabilities **(15marks)**

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