



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR
THIRD YEAR FIRST SEMESTER**

**SCHOOL OF EDUCATION
BACHELOR IN EDUCATION (EARLY
CHILDHOOD EDUCATION AND PROJECT
MANAGEMENT)**

**COURSE CODE: ECP 3103-1
COURSE TITLE: MANAGEMENT AND
ORGANIZATION OF A FEEDING PROGRAMME**

DATE: 13/12/2023

TIME: 0830 - 1030 HRS

INSTRUCTIONS TO CANDIDATE

Attempt question 1 (ONE) and any other 2 (TWO) Questions

SECTION A

- a) "Good nutrition is critical in the realization of the potentials in children". Explain. (3 MKS)
i. Give **THREE** (3) advantages of good nutrition (3 MKS)
- b) What is the importance of a feeding programme? (3 MKS)
- c) Outline the consequences of poor nutrition and health (3 MKS)
- d) What are the benefits of school feeding in relation to education (3 MKS)
- e) Briefly describe the factors that lead to a healthy child. (2 MKS)
- F) What guides a program planner in the selection of appropriate food for a feeding programme (3 MKS)
- g). Explain the following symptoms of malnutrition (2 MKS)
i. low weight
ii. Stunted growth
- H. Why do you need an action plan in programme planning? (4 MKS)
- I. Outline the importance of a budget in a feeding programme (2 MKS)
- J. What is a Monitoring and Evaluation Plan? (2 MKS)

SECTION B

QUESTION TWO

- a). Difference between "meal plans" and "meal planning" (2 MKS)
- b). Briefly explain the following causes of malnutrition (3 MKS)
i. Insufficient Household Food Security
ii. Inadequate Maternal and Child Care
iii. diseases
- c). What are the benefits of meal planning in a feeding programme? (4 MKS)
- d). How can you ascertain for malnutrition among school going children? (3 MKS)

e). Describe some of the strategies that can be used for improving children's health status. (2 MKS)

QUESTION THREE

a) What is a nutrition programme? (1 MK)

b) List some of the necessary records in a feeding programme. (3 MKS)

c) List the specific roles of a feeding programme. (3 MKS)

d) state some of the challenges faced by the programme and possible home based solutions. (3 MKS)

e) Outline the challenges to implementing school feeding programmes (5MKS)

QUESTION FOUR

a) What would you consider in food management and feeding? (5 MKS)

b) Definitions the following terms; (6 MKS)

- i. Program planning: -
- ii. Programme
- iii. Project
- iv. Program plan
- v. Objective
- vi. Planning process

c) What would you consider in designing a programme (4 MKS)

QUESTION FIVE

a) Describe in details the general principles in management of feeding programme (8 MKS)

b) Explain the major functions of a programme manager in a feeding programme. (3 MKS)

b) Using a diagram, show how you can identify a community need based on health (4 MKS)

/END/