
Influence of Post-Harvest Technology on Food Security in Narok East sub-County, Kenya

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Abstract

Crop yields have decreased globally due to declining investments in research and infrastructure which are preconditions for food security. The purpose of this study was to establish the influence of post-harvest technology on food security in Narok East sub-county, Kenya. A descriptive research design was adopted for the study. The target population is comprised of 25078 households distributed proportionately in the 4 wards and that are involved in different farming activities. A sample of 378 household heads was determined using the sample size determination formula of Krejcie and Morgan (1970). Primary data was collected using a questionnaire and an interview guide. Data analysis was done using descriptive statistics of frequencies, percentages and inferential statistics of correlation, ANOVA and regression analysis. The results were presented using frequency and percentages, tables and charts. The relationship between the variables was tested at a significant level of 0.05. The results show that there is a strong, positive and significant correlation between post-harvest technology and food security in the sub-County ($r = .606^{**}$, p value = 0.000). This implies that the relationship between the variables is very significant and post-harvest technology is a strong determinant of food security in the study area. The study concludes that the ANOVA model indicated a very significant and statistical relationship between post-harvest technology and food security. The study will be beneficial to all the stakeholders in ASAL areas who have consistently experienced food insecurity as it will provide appropriate interventions that will be used for policy making.

Keywords: Arid and Semi-Arid areas, Food security, Post-Harvest Technology, Narok East sub-County

