



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATION
2022/2023 ACADEMIC YEAR
FIRST YEAR SECOND SEMESTER**

**SCHOOL OF ARTS, HUMANITIES, SOCIAL
SCIENCES AND CREATIVE INDUSTRIES
DIPLOMA IN SOCIAL WORK & COMMUNITY
DEVELOPMENT**

**COURSE CODE: DSW 1209
COURSE TITLE: MENTAL HEALTH
(ABNORMAL PSYCHOLOGY)**

DATE: 5TH DECEMBER, 2022

TIME: 1100-1300

INSTRUCTIONS TO CANDIDATES

- Answer Question ONE (Compulsory) and any other TWO Questions.
- Question one carries 30 marks
- All other questions carry 20 marks each

QUESTION ONE

- a) Write short notes on the differences between normality and abnormality (10 Marks)
- b) With a clear illustration, discuss the biopsychosocial model of mental health and illness (20 Marks)

QUESTION TWO

- a) Examine the socio-cultural determinants of mental health (10 Marks)
- b) Explain the scope of social work in human behaviour (10 Marks)

QUESTION THREE

- a) Discuss five defense mechanisms utilized by people suffering from mental disorders (10 Marks)
- b) Define the term abnormality and highlight its symptoms (8 Marks)

QUESTION FOUR

“The Kenyan mental health service department faces setbacks in the management and treatment of mental illnesses.” Examine the relevance of this statement (20 Marks)

QUESTION FIVE

- a) “A good number of Kenyan youth are silently suffering from mental issues.” Critically examine this statement (20 Marks)

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