



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS  
2020/2021 ACADEMIC YEAR  
FIRST YEAR, SECOND SEMESTER**

**SCHOOL OF EDUCATION  
BACHELOR OF EDUCATION  
(EARLY CHILDHOOD DEVELOPMENT EDUCATION)**

**COURSE CODE: ECDE 1210**

**COURSE TITLE: PERSONALITY DEVELOPMENT**

**DATE: 5/10/2021**

**TIME: 8:30 – 10:30 AM**

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**INSTRUCTIONS TO CANDIDATES**

Answer all questions in section A any other **TWO** questions in section B

## SECTION A

### QUESTION ONE

- a) Define the following terms
- i. Personality
  - ii. Character
  - iii. Temperament
  - iv. Personality traits
  - v. Theory **(5 marks)**
- b) Describe in brief the main characteristics of the psychoanalytic theories **(6 Marks)**
- c) Briefly state what defense mechanism implies **(4 Marks)**
- d) What are life skills **(4 Marks)**
- e) How can one develop self-esteem **(5 Marks)**
- f) State the different types of defense **(6 Marks)**

## SECTION B

### QUESTION TWO

- a) Name the different theories that explain the development of personality **(6 Marks)**
- b) Select any one of the theories in (2 a) above and discuss it extensively **(14 Marks)**

### QUESTION THREE

- a) Why is it important for a teacher to know children's personality types and temperament? **(10 Marks)**
- b) Briefly explain any five factors influencing personality development. **(10 Marks)**

### QUESTION FOUR

- a) Discuss briefly the different categories of life skills **(8 Marks)**
- b) State the importance of life skills in psychological competence **(12 Marks)**

### QUESTION FIVE

- a) Briefly discuss the importance of having self-esteem. **(6 Marks)**
- b) Discuss how one can develop self-esteem **(6 Marks)**
- c) Discuss the first four stages of personality development **(8 marks)**

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