



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS**

**2021/2022 ACADEMIC YEAR**

**SECOND YEAR FIRST SEMESTER**

**SCHOOL OF ARTS, HUMANITIES, SOCIAL**

**SCIENCES AND CREATIVE INDUSTRIES**

**BACHELORS OF ARTS IN SOCIAL WORK**

**COURSE CODE: SWK 2113-1**

**COURSE TITLE: ADVANCED SOCIAL WORK  
THEORIES**

**DATE:**

**TIME:**

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## **INSTRUCTIONS TO CANDIDATES**

- *Answer question ONE (compulsory) and any other TWO questions.*
- *Question one carries 20 marks*
- *All other questions carry 15 marks*

## **QUESTION ONE**

Write a lucid note on the following course related terms:

- i) Structural functionalism
- ii) Critical social work
- iii) Steps of problem solving using the empowerment model
- iv) Ecological systems theory
- v) Anti-oppressive practice **(20 Marks)**

## **QUESTION TWO**

- a) Define cognitive behavioral therapy and discuss its major types  
**(10 Marks)**
- b) Identify and explain the benefits of (Cognitive Behavioral therapy) CBT.  
**(5 marks)**

## **QUESTION THREE**

- a) Explain how you can jointly use Person centered therapy and cognitive behavioral therapy to help a student who is under depression after a relationship break-up.  
**(10 marks)**

b) Demonstrate the value of Social work theory in solving the personality disorder and mental health issues in clients.

**(5 marks)**

#### **QUESTION FOUR**

a) Analyze the application of transpersonal theory to at least Five practice settings in social work. **(10 marks)**

b) Discuss the value of the **Person-Centered Therapy** in social work practice. **(5 Marks)**

#### **QUESTION FIVE**

a) In light of the Rogerian theory of psychotherapy, demonstrate the conditions necessary for individual gravitation toward a constructive fulfillment of potential. **(10 Marks)**

b) Describe the relevance of symbolic interactionism theory in social work practice. **(5 Marks)**