



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2021/2022 ACADEMIC YEAR
SECOND YEAR, SEMESTER ONE**

**SCHOOL OF ARTS HUMANITIES SOCIAL
SCIENCES AND CREATIVE INDUSTRIES
BACHELOR OF ARTS IN CRIMINOLOGY AND
PENOLOGY**

COURSE CODE: SOC 2111-1

**COURSE TITLE: PRINCIPLES AND TECHNIQUES
OF COUNSELING**

DATE: 31ST MARCH, 2022

TIME:1430-1630

INSTRUCTIONS TO CANDIDATES

- Answer Question One (Compulsory) And Any Other Two Questions.
- Question One Carries 30 Marks
- All Other Questions Carry 20 Marks

QUESTION ONE

- a) Describe the propositions of existential therapy **(12mks)**
- b) As a counselor critically discuss an experience you had in dealing with a difficult person and how you handled the situation **(8mks)**

QUESTION TWO

- a) State and explain the techniques of counselling. Support your answer with concrete examples **(5mks)**
- b) Describe the role and importance of social support systems in counseling **(10mks)**

QUESTION THREE

Distinguish between directive and non-directive therapy **(15 mks)**

QUESTION FOUR

- a) Discuss the assessment of social support systems for counseling **(5mks)**
- b) As a counselor share an experience you had in dealing with a difficult (drug addict) person and how you handled the situation **(10mks)**

QUESTION FIVE

Explain the contribution of Freud Sigmond on the development of behaviorism theory **(15 mks)**

/////END/////