



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY
EXAMINATIONS 2018/2019 ACADEMIC
YEAR**

THIRD YEAR SECOND SEMESTER

**SCHOOL OF EDUCATION
BACHELOR IN EDUCATION
(MAIN CAMPUS)**

**COURSE CODE: ECDE 3225
COURSE TITLE: INDOOR AND
OUTDOOR PLAY ACTIVITIES**

DATE: 18/4/2019
PM

TIME: 2:30 PM – 4:30

INSTRUCTIONS TO CANDIDATE

Attempt question 1 (ONE) and any other 2 (TWO) questions

SECTION A

1a i) Using relevant examples, explain five types of children's social play.

(5 mks)

ii) Differentiate between play and playfulness.

(4 mks)

b) State and explain the types of play that the following age groups are

involved in (Play by content)

(8 mks)

- i. Infancy
- li Late infancy
- iii Toddler and pre-school children
- iv Lower primary aged children

c i). Describe the appropriate characteristics of play

(5 mks)

ii). Physical disability is not inability. Using suitable examples how can you

ensure all children including children with physical disabilities are engaged in outdoor activities.

(4 mks)

iii) Name and explain the importance of four main characteristics of play

materials for children

(4 mks)

SECTION B

2a. How can teachers and care givers ensure that they achieve the following

play objective:

“Facilitate exploration and enhance development of personal talents and skills in children”

(5 mks)

ii. Using relevant examples, explain the importance of a play ground in

relation to children’s play

(5 mks)

iii. Briefly explain two indoor activities and their effect in child development

(2 mks)

b). Explain the following concepts as used in physical activities

(3 mks)

i. Social play

ii. Physical play

iii. Cognitive play

C). Identify and explain five accidents that occur during children’s play.

(5 mks)

3 a). “As food is important to a child so is play”.

(15 mks).

b). What happens when children are deprived of play?

(5 mks)

4.i). Discuss the conditions necessary for the promotion of play.

(15 mks)

ii). Describe the role of the teacher in indoor and outdoor activities. **(5mks)**

5a) How can a teacher help children to integrate play with mathematics activities?

(5 mks)

b). What activities would you give to children to help them develop their

large muscles?

(3 mks).

c). State and explain four characteristics of children’s play.

(4 mks)

d). Make a one day lesson plan for an outdoor activity.
(8 mks)

