MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATION

2022/2023 ACADEMIC YEAR

FIRST YEAR SECOND SEMESTER

SCHOOL OF ARTS, HUMANITIES, SOCIAL SCIENCES AND CREATIVE INDUSTRIES

DIPLOMA IN SOCIAL WORK & COMMUNITY DEVELOPMENT

COURSE CODE: DSW 1209

COURSE TITLE: MENTAL HEALTH (ABNORMAL PSYCHOLOGY)

DATE: 17/5/24   **TIME: 0230-0430HRS**

INSTRUCTIONS TO CANDIDATES

Answer Question ONE (Compulsory) and any other TWO Questions.
Question one carries 30 marks
All other questions carry 20 marks each

QUESTION ONE

a) Define and discuss the historical development of abnormal psychology within the context of social work **(10 Marks)**

b) Describe three potential causes of abnormal behavior, including examples for each cause. **(10 Marks)**

c) Discuss the differences between neurosis and psychosis, providing examples of each. **(10 Marks)**

QUESTION TWO

a) Explain the concept of mental disability and categorize the four main types according to severity. **(10 Marks)**

b) Outline three common treatment methods used for addressing abnormal behavior, and discuss the role of social workers in implementing these methods. **(10 Marks)**

QUESTION THREE

a) Identify and briefly describe three defense mechanisms used by individuals to cope with stressful situations. **(10 Marks)**

b) Discuss the importance of client-centered therapy in treating individuals with mental health disorders, providing examples of its application. **(10 Marks)**

c) Describe the role and responsibilities of a psychiatric social worker in intervening with individuals exhibiting abnormal behaviour. **(10 Marks)**

QUESTION FOUR

Discuss the role of social work in promoting personal, social, and occupational adjustment among individuals experiencing mental health challenges. **(20 Marks)**

QUESTION FIVE

a) Evaluate the effectiveness of different therapeutic approaches in treating individuals with abnormal behavior. **(10 Marks)**

b) Discuss the strengths and limitations of each approach and provide recommendations for integrating these approaches into social work interventions. **(10 Marks)**

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