



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS**

**2023/2024 ACADEMIC YEAR**

**FIRST YEAR FIRST SEMESTER**

**SCHOOL OF ARTS, HUMANITIES, SOCIAL  
SCIENCES AND CREATIVE INDUSTRIES**

**DIPLOMA IN SOCIAL WORK**

**COURSE CODE: DSW 1106 & DCG 104**

**COURSE TITLE: INTRODUCTION TO PSYCHOLOGY**

DATE: 21/5/2024

TIME: 0830-1030 HRS

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**INSTRUCTIONS TO CANDIDATES**

*Answer question ONE (compulsory) and any other Two questions*

*Question carry 30 Marks*

*All other questions carries 20 marks*

*This paper consists of 3 printed pages. Please turn over*

## **QUESTION ONE**

a) Define psychology as you list four branches of psychology [**6 Marks**]

b) define and discuss the following components of general psychology

i) Learning

ii) Sensation

iii) Attitude

iv) Perception

v) Homeostasis [**10 Marks**]

c) state the significance and relevance of Psychology in Social work.

[**14 Marks**]

## **QUESTION TWO**

(i) Define the following terms, stating their types and characteristics

a) Motivation [**5 Marks**]

b) Memory [**5 Marks**]

(ii) State and explain different stages of human development [**10 Marks**]

## **QUESTION THREE**

You have been approached by a first year who needs career guidance as a psychologist student,

a) Define guidance citing while explaining its types (**10 Marks**)

b) Discuss how you will assist this student to choose a right course as you elaborate on the functions of guidance. [**10 Marks**]

## **QUESTION FOUR**

Assume you are working in Narok County Referral Hospital (NCRH) and you are assigned to counsel a patient who is stressed because of family issues.

a) Describe counseling naming and discuss its different types (**10 Marks**)

b) Outline how you will approach and apply counseling techniques while engaging this client with family issues [**10 Marks**]

## **QUESTION FIVE**

Considering the economic state of the country today (economic challenge) that we face daily, state and explain what skills and how you will apply so as to be able to cope and deal with the issues as an individual and in the community [**20 Marks**]

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