



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR
SECOND YEAR THIRD TRIMESTER**

**SCHOOL OF PURE, APPLIED AND HEALTH
SCIENCES
BACHELOR OF SCIENCE IN NURSING**

**COURSE CODE: NUR 2302
COURSE TITLE: COMMUNITY HEALTH NURSING
II**

DATE: 4TH DECEMBER, 2023

TIME: 1400-1700 HRS

INSTRUCTION TO CANDIDATES

Section A: Multiple Choice Questions. Answer ALL Questions

Section B: Short Answer Questions. Answer ALL Questions

Section C: Long Answer Questions. Answer Question ONE and any other ONE question.

This paper consists of 6 printed pages. Please turn over.

SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS) SELECT THE CORRECT ANSWER.

1. A community's full participation depends on the four concepts of Primary Health care namely:
 - A. Acceptability, Accessibility, Affordability, Availability
 - B. Technology, Acceptability, Accessibility, Affordability, Availability
 - C. Technology, Sustainability, Availability, Accessibility
 - D. Awareness, Resources, Unity, Leadership

2. 'Hard of Hearing' is the term used to describe
 - A. A person who is born completely deaf and whom the past has never developed speech is described as deaf and dumb
 - B. A person who although has defective hearing, it is serviceable with or without hearing aids.
 - C. A person who has profound hearing impairment cannot converse with others unless they can both use and understand sign language
 - D. Hearing loss

3. The amount of dissolved solids passing through the filters in the process of filtration is called _____.
 - A. Independent of suspended solids
 - B. Sum of total solids and suspended solids
 - C. Difference between total solids and suspended solids
 - D. Sum of total Suspended solids

4. Strengthening family relationships, Providing family life education and Implementing safe motherhood initiatives is part of
 - A. Reduction of children in need
 - B. Managing people with special needs
 - C. Reduction of the number of people with special needs
 - D. Increasing resources to manage need children in the community

5. In Kenya most elderly people live with their nucleus and extended family. These are the people who care for them. As a community health nurse, it is your responsibility to
 - A. Encourage families to care for their elderly persons
 - B. Encourage families to utilize geriatric homes available in the community/Country
 - C. Identify geriatric homes and make sure they are available and accessible to the elderly persons

- D. Sensitize and encourage community members to construct geriatric homes
6. The management of chronically ill patients depends on the stage of adaptation to the illness that the patient is in. What is the role of a community health Nurse in second stage of adaptation.
 - A. Educate the family members to listen to all the expressions of feeling by the patient without criticising them
 - B. Educate the caregivers to exercise restraint and self control
 - C. Provide the patient and family with suitable and practical coping methods, and encourage the use of self-help devices if necessary.
 - D. Educate the patient and the family on the importance of psychosocial support groups.
 7. In management of displaced persons your role as a community health nurse is to,
 - A. Provide them with shelter, medical care, food and clothing, and sometimes rehabilitation in the form of teaching them new skills.
 - B. Work with other health workers as a team, in order to deal with the various problems of displaced people.
 - C. Mobilize resources from the community to support the displaced persons
 - D. Identify yourself with Non governmental and governmental agencies so that they can create an opportunity for you to work with them.
 8. Tier 4 Hospital is classified as what level of facility?
 - A. Primary
 - B. Secondary
 - C. Intermediate
 - D. Tertiary
 9. Refugees have some sort of international protection. Their needs are catered for by
 - A. UNHCR and their rights are also protected.
 - B. ICR- United committee of Red Cross
 - C. Geneva convention
 - D. Laws of the host country
 10. There are four policy elements which underpin Kenya's disaster management policy. These are:
 - A. Prevention, mitigation, preparedness, response and recovery
 - B. Collaboration, mitigation, preparedness, response and recovery
 - C. Policy formulation, Resource mobilization, Community sensitization ,strengthening the information system within and without

D. Allocation of a disaster fund in the annual budget allocation, Training of staff in every sector, Formulation of a disaster committee ,strengthening the information system within and without

11. The role of a community health nurse as a care giver include
- A. Mobilization of resources within and without to support the need
 - B. Strengthening the community referral system.
 - C. Supporting and strengthening the social institutions and structures which have been established by the community
 - D. Establishing community safety nets
12. The management teams at the primary care facilities are composed of
- A. An officer in-charge ,a clinical officer, nurse, public health officer.
 - B. A medical officer in-charge a clinical officer, nurse, public health office
 - C. An officer in-charge ,a laboratory technician, nurse, public health officer.
 - D. An officer in-charge ,a clinical officer,a laboratory technician, public health officer.
13. The health sector partnership in Kenya is guided by
- A. Kenya Health Sector-Wide Approach (KHSWAp)
 - B. Ministry of Health (MOH) under the Minister and director of health services
 - C. The president under the act of parliament
 - D. National partnership committee
14. The link person between the level 2 and 3 facilities and the community is the
- A. Community health Nurse
 - B. Community Health Extension Worker (CHEW).
 - C. Sub-county public health Nurse
 - D. Community health work (CHW)
15. Geriatric -focused nursing practice requires which of the following processes?
- A. Nursing process
 - B. Community diagnosis
 - C. Community organizing
 - D. Epidemiologic process
16. The major goal of devolution of health care system is to:

- A. Strengthen local government units
 - B. Allow greater autonomy to local government units
 - C. Empower the people and promote their self-reliance
 - D. Make basic services more accessible to the people
17. A community-oriented nurse has identified malnutrition as a problem in the middle school. The next step in a population-focused practice is to make information available about the health of the middle school students. This describes the core public health function of:
- A. Assessment
 - B. Assurance
 - C. Implementation
 - D. Nursing Diagnosis
18. The infective form of the malaria parasite
- A. Oocyst
 - B. Sporozoite
 - C. Bradyzoite
 - D. Tachyzoite
19. The data obtained from the field during the survey is known as:
- A. Subject matter
 - B. Raw data
 - C. Data analysis
 - D. Information
20. Schools are ideal settings within which to promote health and healthy nutrition because:
- A. They provide opportunity to demonstrate health practices
 - B. Teachers are very knowledgeable in health and nutrition issues
 - C. Through child-to-child methods good health lessons can be passed to the home practice
 - D. Teachers can force healthy practices to the children through punishment.

SECTION B: SHORT ANSWER QUESTIONS (40 MARKS). ANSWER ALL QUESTIONS.

1. The community plays a major role in prevention of mental illness.
- I. Explain three levels (3) of mental illness prevention at community level (6 Marks)
 - II. State two (2) Stages of Health promotion through life span (2 Marks)

2. State four **(4)** roles of in the management of victims of sexual abuse at the rural health facility **(4 Marks)**
3. Explain four **(4)** roles of a probation officer **(8 Marks)**
4. Outline five **(5)** roles of a community health Nurse in Management of Children with Delinquency **(5 Marks)**
5. State three **(3)** roles that culture and beliefs play in prevention of chronic illnesses **(3 Marks)**
6. Outline four **(4)** Steps of community Nursing process **(4 Marks)**
7. Explain four **(4)** partnership structures in the health sector **(8 Marks)**

SECTION C: LONG ANSWER QUESTIONS (40 MARKS).QUESTION ONE IS COMPULSORY, THEN CHOOSE EITHER QUESTION 2 OR 3.

1. A school health programme is an integral part of community health.
 - a) Discuss five **(5)** needs of a school child **(10 Marks)**
 - b) Discuss five **(5)** School health activities that you will be involved in as a community health Nurse **(10 Marks)**
2. The KHSSP (Kenya Health System Structural programme) III 2012 – 2017 defines the Kenya Essential Package for Health (KEPH) as consisting of the cost-effective health service.
 - a) State **(5)** cohorts targeted by the essential package of health **(5 Marks)**
 - b) Discuss levels of health service delivery in Kenya **(15 Marks)**
3. Community diagnosis plays a major role in addressing Primary Health care Concept.
 - a) State four **(4)** differences between patient diagnosis and community diagnosis **(4 Marks)**
 - b) Discuss the purpose of community diagnosis **(6 Marks)**
 - c) Discuss the process of community diagnosis **(10 Marks)**

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