



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS  
2023/2024 ACADEMIC YEAR  
FIRST YEAR SECOND SEMESTER**

**SCHOOL OF EDUCATION  
MASTERS IN EDUCATION**

**COURSE CODE : EPS 8207**

**COURSE TITLE: GUIDANCE AND COUNSELING IN AN  
EDUCATIONAL SETTING**

**DATE: 5/12/2023**

**TIME: 1100 – 1400 HRS**

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**INSTRUCTIONS TO CANDIDATES**

***Answer question ONE (compulsory) and any other TWO questions.***

### **QUESTION ONE (30 MARKS)**

- a) Distinguish the terms guidance and counselling. (6marks)
- b) Examine three principles of guidance and counselling (6marks)
- c) Examine three key characteristics of African traditional counseling (6marks)
- d) By use of examples discuss three common defense mechanisms likely to be found among adolescent learners. (6marks)
- e) i) Explain the term peer counseling (2marks)
- ii) State four benefits of peer counseling (4marks)

### **QUESTION TWO**

- a) Discuss the following therapeutic approaches as used in counselling
- (i) Rational Emotive Therapy
- (ii) Psychodynamic Approach
- (iii) Humanistic Approach (15 Marks)

### **QUESTION THREE**

- a) You have been posted to a school to be in charge of guidance and counselling. Discuss how you can start a the program in the school. (10Marks)
- b) Explain strategies you would use to ensure a success of school guidance and counseling program (5marks)

### **QUESTION FOUR**

- (a) Assume you have been appointed the principal of a new secondary school in your county and you have just appointed student advisor. By use well-illustrated examples elaborate on the duties you would expect the student advisor to conduct while in the office (10Marks)
- b) Explain the current situation of guidance and counseling in Kenya. (5marks)

### **QUESTION FIVE**

- a) Using relevant examples discuss the importance of five ethical principles in counseling (10marks)
- b) Examine **TWO** commonly practiced traditional counseling approaches or methods (5marks)

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