



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS  
2023/2024 ACADEMIC YEAR  
FIRST YEAR FIRST SEMESTER**

**SCHOOL OF EDUCATION  
MASTER OF EDUCATION IN EARLY  
CHILDHOOD DEVELOPMENT AND  
EDUCATION**

**COURSE CODE: ECDE 8101  
COURSE TITLE: HEALTH AND NUTRITION IN  
ECDE**

**DATE: 5/2/2024**

**TIME: 0830-1030 HRS**

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## **INSTRUCTIONS TO CANDIDATE**

Question **ONE** is compulsory and any other **TWO** questions in Section

## **SECTION A**

- 1.a) Using suitable examples, explain the importance of nutrition in a community. **(5mks)**
- b) Briefly explain the nutritional factors that impact on children in the community. **(5mks)**
- c) Discuss the effects of HIV/AIDS in relation to the development of human resource. **(10mks)**

## **SECTION B**

### **QUESTION TWO**

- a) As a teacher, you have the responsibility of initiating and maintaining children's physical health. How can you achieve this in your school? **(10 mks)**
- b) Assume you are a community worker in the Ministry of Health. What strategies would you advocate for on maintaining and improving of health? Use valid examples. **(10mks)**

### **QUESTION THREE**

Discuss the role of ECDE Centers in prevention of diseases through hygiene. **(20mks)**

### **QUESTION FOUR**

Health and nutrition are not a matter of choice but a necessity in any community or country. Discuss the validity of this statement using relevant examples. **(20mks)**

### **QUESTION FIVE**

You have been invited to a workshop to talk to parents about health practices that should be adhered to for children aged 5-8years. Explain the main areas you would talk about. **(20 mks)**

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