



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS**

**2018/ 2019 ACADEMIC YEAR**

**FIRST YEAR SECOND SEMESTER**

**SCHOOL OF ARTS AND SOCIAL SCIENCES**

**DIPLOMA IN SOCIAL WORK**

**COURSE CODE: DSW 115**

**COURSE TITLE: FAMILY COUNSELLING AND  
THERAPY**

**DATE: 23<sup>RD</sup> APRIL, 2019**

**TIME: 0830 - 1030HRS**

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**INSTRUCTIONS TO CANDIDATES**

**Answer Question ONE and any other TWO questions**

*This paper consists of TWO printed pages. Please turn over.*

## **SECTION A: 30 MARKS**

1 a) Define the following terms;

- i. Family
- ii. Family counselling
- iii. Counselling **(6 Marks)**

1b) Assess the role of a Counsellor in Family Counselling  
**(10 Marks)**

1c) Using relevant examples, explain Seven areas of Interest in family counselling in a family setting  
**(14 Marks)**

## **SECTION B: ANSWER ANY TWO QUESTIONS**

2 a) Examine the role of **Individual and Group counselling** in family counselling  
**(10 Marks)**

b) Describe using examples **MAJOR** types of family counselling  
**(10 Marks)**

3 a) Critically enumerate the role of **Psychoanalytic** theory in Family counselling  
**(10 Marks)**

b) Explain **THREE** techniques used in counselling and their relevance to family counselling in the contemporary world  
**(10 Marks)**

4 Critically **EXAMINE** the role of ethics in family counselling  
**(20 Marks)**

5 a) Write short notes on the following and assess their importance in Family counselling

- i. Career counselling
- ii. Marriage counselling
- iii. Grief Counselling **(10 Marks)**

b) Examine major **BENEFITS** of family counselling to the family  
**(10 Marks)**

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